

Brownsville Area School District Middle School Menu

February is *American Heart Month*.
National Wear Red Day is February 3rd.
 Visit www.americanheart.org or
www.goredforwomen.org



Lunch: 1.90 Reduced .40
 Breakfast: 1.25 Reduced .30

FEBRUARY

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---|---|
| ***Daily Main Line Alternate Entrees*** Mon. - Corn Dog Nuggets Tue. - Chicken Fajita Wrap Wed. - Cheeseburger w/Homemade Bun Thur. - Toasted Ham & Cheese Hoagie Fri. - Manager's Choice | | Free and reduced applications are accepted at any time throughout the school year. A form can be obtained by calling the school cafeteria or visiting www.compass.state.pa.us | ** Daily Grab & Go Breakfast Entrees** Breakfast Pizza *Assorted Cereal Bars *Kellogg's PopTarts *Low Fat Yogurt * Asst. Cereal *Asst. Pastries *Entrée comes with Teddy Grahams, Toast or Graham Crackers | |
| <p><i>Grab & Go Line menu includes:</i> Falcon Hoagies, Chicken Patty Sandwich, Smucker's Uncrustable, Assorted Pizzas and Assorted Fresh-Made Salads w/Roll. Choice of Sides may include: Potato, Tossed Salad, Pasta Salad, Soup, Fresh Veggies, Seasoned Vegetables, Chilled and Fresh Fruit.</p> | | | | |
| | | 1 | 2 | 3 |
| <div style="border: 1px solid black; padding: 10px; width: fit-content; margin: auto;"> <p><i>Friday Seafood Specials</i> Feb 24 - Mar 30</p> <p><i>* Tuna Salad Sandwich</i> <i>*Seafood Combo</i> <i>(popcorn shrimp & Crispy Pollock Strips)</i> <i>*Breaded Fish Sandwich</i></p> </div> | | Breakfast Scrambled Eggs & Texas Tst Asst. Grab & Go Entrees Asst. 100% Juice Cups Milk Choice Lunch Baked Macaroni & Cheese w/ Homemade Dinner Roll Seasoned Vegetables Warm Cinnamon Apples or Fresh Fruit Milk Choice | Breakfast Breakfast Bowl Asst. Grab & Go Entrees Asst. 100% Juice Cups Milk Choice Lunch Diced Turkey & Gravy over Homestyle Biscuit Mashed Potatoes & Gravy Fresh Orange Wedges or Chilled Fruit Milk Choice | Breakfast <i>Homemade Cinnamon Rolls</i> Asst. Grab & Go Entrees Asst. 100% Juice Cups Milk Choice Lunch Breaded Mozz Sticks w/ Sauce or Pepperoni Pizza Fresh Veggies and Dip Fruit Sherbet Chilled or Fresh Fruit Milk Choice |
| 6 | Two-Fer Tuesday | 8 | 9 | 10 |
| Breakfast Asst. Grab & Go Entrees Asst. 100% Juice Cups Milk Choice Lunch Falcon Burger Oven Potatoes or Sweet Potato Fries Dill Pickle Spear Chilled or Fresh Fruit Milk Choice | Breakfast Warm Biscuits and Gravy Asst. Grab & Go Entrees Asst. 100% Juice Cups Milk Choice New → Lunch Two Beef, Bean & Cheese Burritos <i>(lettuce, tomato, salsa)</i> Spanish Rice Steamed Corn Chilled or Fresh Fruit Milk Choice | Breakfast Scrambled Eggs & Texas Tst Asst. Grab & Go Entrees Asst. 100% Juice Cups Milk Choice Lucky Tray Day Lunch Sloppy Joe Sandwich on Homemade Bun Homemade Chicken Noodle Soup Homemade Banana Cake Chilled or Fresh Fruit Milk Choice | Breakfast Breakfast Bowl Asst. Grab & Go Entrees Asst. 100% Juice Cups Milk Choice Lunch Mashed Potato Bowl <i>(potatoes, chicken, cheese, corn & gravy)</i> Warm Homestyle Biscuit Fresh Apple Slices or Chilled Fruit Milk Choice | Breakfast Funnel Cake Asst. Grab & Go Entrees Asst. 100% Juice Cups Milk Choice Lunch Buffalo Pizza or Cheesy Pizza Square Pasta and Sauce Steamed Vegetable Chilled or Fresh Fruit Milk Choice |

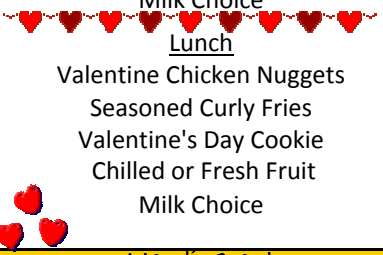

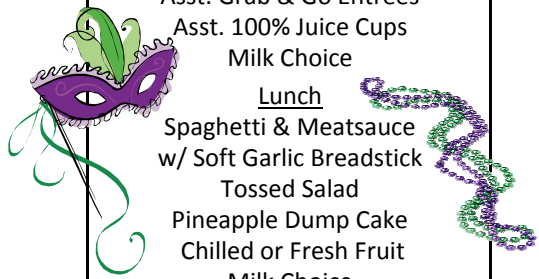
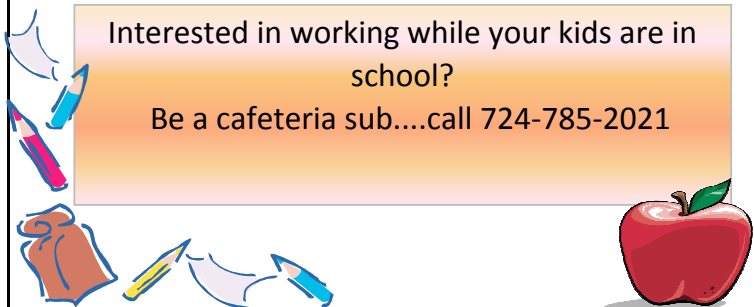
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Milk Choices: 1% unflavored
and 1% Chocolate

FEBRUARY



Assorted fresh fruits
offered daily

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|---|---|
| 13 | <i>Happy Valentine's Day</i> | 15 | 16 | 17 |
| <u>Breakfast</u> Asst. Grab & Go Entrees Asst. 100% Juice Cups Milk Choice <u>Lunch</u> Creamy Chicken Alfredo w/ Soft Garlic Breadstick Tossed Salad Fresh Orange Wedges or Chilled Fruit Milk Choice | <u>Breakfast</u> Warm Biscuits and Gravy Asst. Grab & Go Entrees Asst. 100% Juice Cups Milk Choice  <u>Lunch</u> Valentine Chicken Nuggets Seasoned Curly Fries Valentine's Day Cookie Chilled or Fresh Fruit Milk Choice | <u>Breakfast</u> Scrambled Eggs & Texas Tst Asst. Grab & Go Entrees Asst. 100% Juice Cups Milk Choice New → <u>Lunch</u> Grilled Chipotle Chicken Sandwich <i>(gr. chicken, chipolte ranch, lett/tom)</i> Creamy Broccoli & Cheese Soup Peanut Butter Fluff Dessert Chilled or Fresh Fruit Milk Choice | <u>Breakfast</u> Breakfast Bowl Asst. Grab & Go Entrees Asst. 100% Juice Cups Milk Choice <u>Lunch</u> Hot Roast Beef Sandwich w/ Beef Gravy Mashed Potatoes & Gravy Fresh Sliced Apples or Chilled Fruit Milk Choice | <u>Breakfast</u> Funnel Cake Asst. Grab & Go Entrees Asst. 100% Juice Cups Milk Choice <u>Lunch</u> Pepperoni Pizza Square or Cheese Pizza Fresh Veggies and Dip Pasta Salad Chilled or Fresh Fruit Milk Choice |
| <i>President's Day</i> | <i>Mardi Gras!</i> | 22 | 23 | 24 |
| <u>No</u> <u>School</u>  | <u>Breakfast</u> Warm Biscuits and Gravy Asst. Grab & Go Entrees Asst. 100% Juice Cups Milk Choice  <u>Lunch</u> Spaghetti & Meatsauce w/ Soft Garlic Breadstick Tossed Salad Pineapple Dump Cake Chilled or Fresh Fruit Milk Choice | <u>Breakfast</u> Scrambled Eggs & Texas Tst Asst. Grab & Go Entrees Asst. 100% Juice Cups Milk Choice <u>Lunch</u> Toasted Cheese/Ham and Cheese Sandwich Creamy Tomato Soup Cheddar Whale Crackers Chilled Fruit or Fresh Fruit Milk Choice | <u>Breakfast</u> Breakfast Bowl Asst. Grab & Go Entrees Asst. 100% Juice Cups Milk Choice <u>Lunch</u> Hot Turkey Sandwich w/ Gravy Mashed Potatoes & Gravy Fresh Fruit Salad or Chilled Fruit Milk Choice | <u>Breakfast</u> Funnel Cake Asst. Grab & Go Entrees Asst. 100% Juice Cups Milk Choice <u>Lunch</u> Seafood Specials or Pepperoni Pizza Square Pierogies or Cabbage & Noodles Chilled or Fresh Fruit Milk Choice |
| 27 | 28 | 29 | <div style="border: 1px solid black; padding: 10px; background-color: #fff9c4;"> <p>Interested in working while your kids are in school? Be a cafeteria sub....call 724-785-2021</p> </div>  | |
| <u>Breakfast</u> Asst. Grab & Go Entrees Asst. 100% Juice Cups Milk Choice <u>Lunch</u> Chicken Nuggets Oven Fries Whole Grain Dinner Roll Bagged Apple Slices or Chilled Fruit Milk Choice | <u>Breakfast</u> Egg, Cheese and Saus. Muffin Asst. Grab & Go Entrees Asst. 100% Juice Cups Milk Choice Lucky Tray Day <u>Lunch</u> Nacho Bar <i>meat/cheese sauce/jalapenos</i> Steamed Broccoli Fruit Sherbet Chilled or Fresh Fruit Milk Choice | <u>Breakfast</u> Egg, Cheese and Saus. Muffin Asst. Grab & Go Entrees Asst. 100% Juice Cups Milk Choice fortune cookie <u>Lunch</u> General Tso's Chicken w/ Egg Roll Steamed Rice Oriental Vegetables Chilled or Fresh Fruit Milk Choice | | |